

Safe Snacks for All students

Reminders:

We prefer all snacks to be **INDIVIDUALLY PRE-PACKAGED** If it's possible.

We are a nut free school, however we strive to meet other dietary needs as well.

* Notated as Vegan, + Notated as Soy Free

Due to being food exempt we do not serve dairy products, if you are celebrating a birthday please make sure there are not any dairy refrigerated or frozen treats.

1. Though the snacks listed below were safe when the list was compiled, it is possible that a change was made, and an item is no longer safe. Please check ingredients and processing information, and bring empty packaging to show the parents of the allergic child.
2. It is important that the specific **BRAND** mentioned is the one used as similar products from different companies are processed differently and may or may not be safe.
3. Please do not use stoneware products (for example: Pampered Chef) when baking for the class. The nut oils seep into these products and could cause problems for those with allergies.

Thank you!

Vegetables:

*+Carrots

Fruit:

*+Apples

*+Grapes

*+ Banana

*+ Berries

DIPS:

- Ranch- [Marzetti](#) or [Kraft](#)

Applesauce:

- [*Musselman's](#)
- [*Motts](#)
- *+Kroger
- *+Kirkland squeeze pouch
- * +Materne GoGo Squeeze

- [+Appleapple](#)
- [Applestrawberry](#)
- [Applepeach](#)
- [Applebanana](#)
- [Applecinnamon](#)

Drinks:

- [*+Capri Sun](#)
- [*Apple juice](#)
- [*White grape juice](#)
- [*+Honest Juice](#)

Candy:

- [*+Skittles](#)
- [+Original Starburst](#)
- [+Tootsie Rolls](#)
- [*Twizzlers](#)
- [Twizzlers Pull & Peel](#)
- [*+Dum Dum Lollipops](#)
- [Whoppers](#)
- [Junior Mints](#)
- [Sweet Tarts](#)

Salty Snacks:

- [Pepperidge Farm Goldfish](#)
- [*Lay's Classic Potato Chips](#)
- Frito-Lay: [Nacho Cheese Doritos](#), [Cool Ranch Doritos](#), [Crunchy Cheetos](#)
- [*+Pretzel - \(Kroger Brand/ Snyder\): Waffle, Mini Twists,Stick,](#)
- [*+Veggie Straws "Sea Salt"](#)
- [+Pirate's Booty](#)
- [*+ Skinny Pop](#)

Crackers:

- Nabisco: [*Wheat Thins](#), [Ritz Original](#) or [Whole Wheat](#)
- [*+Saltine Crackers](#)
- [Sunshine: Cheezit Regular](#) or [White Cheddar](#)
- [+ Annie's Cheese Squares](#)

Cereals:

- [*Life Cereal](#)
- [Kroger Bite-sized Frosted Shredded Wheat](#)
- [*+Cheerios: Original, Multi-Grain, Apple Cinnamon, or Chocolate](#)
- [*+Rice Krispies Original](#)

Sweet Snacks:

- *Nabisco Honey Maid Graham Crackers: Original, Honey or Low-Fat
- *Nabisco Teddy Grahams: Honey, Chocolate
- Nabisco: Mini Chips Ahoy Cookies, Mini Oreos, Mini Golden Oreos, *Barnums Animal Crackers
- Betty Crocker: Fruit Gushers, Fruit Roll-ups, Scooby-Doo Fruit Snacks
- Welches Mixed Fruit Fruit Snacks
- *+ [Annie's: Bunny Snacks](#)
- *+ [Abe's Muffins](#)
- *+ [Made Good Granola Bars](#) - Any variety
- *+ [Nature Bakery Fig Bars](#) - any flavor
- *+ [That's It Fruit Bar](#) - any flavor

Cake/cupcake items:

If you need to make them Vegan: Substitute 1/2 cup unsweetened applesauce per egg/oil. Please make all baked goods with 100% Canola oil.

Mixes-

Pillsbury funfetti products

Pillsbury Purlly Simple (vanilla and chocolate

*Betty Crocker Super Moist: Butter Recipe Chocolate, Butter Recipe Yellow, Chocolate Fudge, Devil's Food, Golden Vanilla, Milk Chocolate, Vanilla, White, Yellow

Icing:

Betty Crocker Rich and Creamy (Cherry, Vanilla, Milk Chocolate, Lemon, Dark Chocolate, Creamy White, Cream Cheese)

*Pillsbury Creamy Supreme (Strawberry, Lemon, Vanilla, Chocolate, Chocolate Fudge, White, Cream Cheese, Milk Chocolate, Caramel, Buttercream, Dark Chocolate)

Toppings:

Betty Crocker sprinkles

Brownie mix-

Jiffy fudge

365 fudge brownie mix

Pillsbury doible chocolate

*Duncan Hines Chewy Fudge

Betty Crocker milk chocolate

Frozen Treats (non dairy) :

- ***+Popsicle Brand: Orange/Cherry & Grape Pops, [Might Minis](#)**
- **Wonka Push Up Pops**
- ***+[Outshine Juice Bars](#)**

Again, please check packaging and labeling to make sure that ingredients and processing information is still the same and that the products you send in are peanut/tree nut free and come from facilities or machines that are nut free as well. Thank you!